

Objectives

- Completion of the "Rights of Passage" program (residents aged 11-15 admitted for at least six months and ALL others)
- Completion of at least two community service/volunteer projects (all)
- Completion of high school diploma, GED or vocational program (residents aged 16-21)
- Resident will secure and retain gainful employment to establish a realistic savings plan (residents aged 16-21)
- Resident will maintain contact with at least one identified "lifelong" supporter/mentor (all)
- Resident will be able to demonstrate strong independent living skills (residents aged 16-21)
- Demonstrated ability to live in an apartment unsupervised (residents aged 18-21)



Acceptance Criteria

Participants must:

- Be males between the ages of 11-17
- Agree to remain in the program for at least 6 months
- Be willing to cooperate in the program (not mandated)
- Be able to furnish current medical history that includes immunization records and a current physical examination
- Furnish current educational history/records
- Be in the need of a home like environment in which they will learn and experience personal growth.

Exclusion Criteria

Open Arms Residential Services, LLC, will **not** accept any males with any psychotic disorders or mental disorders who are unable to physically care for themselves. These disorders are as follows:

- AD-Autism Disorder
- SA-Substance Abuse
- SU-Suicidal Tendencies
- SI-Sensory Impairment
- OI-Orthopedic Impairment
- SO-Sex Offenders/Sexual Deviants
- FS-Fire Starters

Open Arms Residential Services,

Open Arms 2.0

A Group Home for Adolescent Males

Open Arms Residential Services, LLC

OPEN ARMS 2.0

"Rights" of Passage for Adolescent Males



Medicaid Approved Provider

Tel: 804.477-6425

Our Program

Open Arms Residential Services, LLC, Open Arms 2.0 is a group home that provides services to males between the ages of 11-17 that promote self-sufficiency.

Open Arms 2.0 provides a structured program of care with a safe and clean environment conducive to emotional growth and self-development. This program provides full-time supervision, guidance and shelter to the participants. The primary focus of the program is to improve and assist the client with adaptive, communication, self-care, home living, and social skills. The program incorporates an intensive life skills component entitled "Rights of Passage." The intensified skills include: money management, initiating and maintaining a savings account, time management skills, healthy relationships, coping with family reunification, effective communication, health and nutrition, and self-development.

Services

- A 24-hour supervised, safe and supportive living environment
- "Rights of Passage" intensive life skills to assist with success after program completion (money management, coping skills for family reunification, decision making, and career aspiration, higher education pursuits, family planning, substance abuse prevention, job skills training, etc.). Classes are taught twice a week
- **Family Reunification** will provide the resident with opportunities to connect with biological and extended family members through family counseling, home visits with approved adults and kin, and inclusion of these identified family members in the resident's discharge planning.

- **Mentoring Program** will aid in promoting self-esteem through positive structured activities and events, which exposes the client to different community resources. Mentors will also assist in teaching problem solving skills and job readiness. The mentor is a positive community support for the resident to remain connected to upon discharge. Open Arms 2.0 will identify 3-5 adults who are willing to act as "lifelong" supporters of the resident prior to discharge.

- **Individual/Group therapeutic counseling** will be provided by community agencies to clients who need therapeutic services. Individual counseling will assist the resident in gaining a better understanding of his patterns of self-defeating behaviors, develop positive alternatives, and build on strengths and maturation. The goal is to develop concrete tools to decrease internal conflict and increase pro-social skills.



Challenging today's youth for a better tomorrow!

- **Behavior Intervention Program:** The behavior intervention program establishes general and specific standards of conduct designed to help the client accept responsibility for their actions and make a logical connection between their behavior and consequences derived.

The following seven principles will be incorporated in the resident's daily lifestyle and will be celebrated upon completion of each component:

1. **Unity-To strive for and maintain unity in the group home, family, community, ethnic group, nation and planet.**
2. **Self-Determination-To define oneself, name oneself, create for oneself and speak for oneself instead of being defined, named, created for, and spoken for by others. Power is defining one's reality and having it accepted by others.**
3. **Collective Work and Responsibility-To build and maintain the community together and make our sister's and brother's problems our problems and to solve them together.**
4. **Cooperative economics-To build and maintain our own stores, shops and other businesses and to profit from them together.**
5. **Purpose-To make a collective vocation building and developing a community in order to restore people to their traditional greatness.**
6. **Creativity-To do always as much as we can, in the way we can, in order to leave our community more beautiful and beneficial than we inherited it.**
7. **Faith-To believe with all our heart in ourselves, in other people, our parents, our teachers, a Creator, the righteousness and victory of our struggle.**

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